

PHYSICAL EDUCATION



Welcome back Forest Park family and friends!!

I'm so excited about the 2021-22 school year. This year has presented us with some unique circumstances. I look forward to overcoming and excelling in every situation that comes our way. To stay within Covid guidelines Physical Education will be a little different this year. There will be modifications made to ensure the safety of all students and staff members.

Such modifications include:

- 6ft or more social distancing*
- students will use hand sanitizer before class (sanitizer will be provided)*
- students will wash hands thoroughly after class*
- all equipment will be cleaned and sanitized between each class*

Please allow your child to bring a water bottle on their designated day of P.E. Please also ensure they wear tennis shoes on that day. If there are any preexisting injuries or illnesses, please send a note with your child. Let's continue to promote physical fitness for our school and throughout our community.

Thanks for your help and support. As always, if you have any questions please feel free to contact me anytime.

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